

Red Oak Community School JR/SR High School Breakfast Menu

April
2021

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>			<p>1</p> <p>Sausage Breakfast Biscuit</p> <p>Fresh Fruit 1% Milk</p>	<p>2</p> <p>NO SCHOOL</p>
<p>5</p> <p>NO SCHOOL</p>	<p>6</p> <p>Cheese Omelet</p> <p>Fresh Fruit 1% Milk</p>	<p>7</p> <p>Blueberry Loaf Cheese Stick</p> <p>Fresh Fruit 1% Milk</p>	<p>8</p> <p>Cinnamon Cream Cheese Filled Bagel</p> <p>Fresh Fruit 1% Milk</p>	<p>9</p> <p>Hot Ham & Cheese Bagel</p> <p>Fresh Fruit 1% Milk</p>
<p>12</p> <p>Breakfast Pizza</p> <p>Fresh Fruit 1% Milk</p>	<p>13</p> <p>French Toast Sticks Syrup</p> <p>Fresh Fruit 1% Milk</p>	<p>14</p> <p>Mini Donut</p> <p>Fresh Fruit 1% Milk</p>	<p>15</p> <p>Mini Pancakes</p> <p>Fresh Fruit 1% Milk</p>	<p>16</p> <p>Cheese Omelet</p> <p>Fresh Fruit 1% Milk</p>
<p>19</p> <p>Sausage Breakfast Biscuit</p> <p>Fresh Fruit 1% Milk</p>	<p>20</p> <p>Strawberry Cream Cheese Filled Bagel</p> <p>Fresh Fruit 1% Milk</p>	<p>21</p> <p>Banana Chocolate Loaf Cheese Stick</p> <p>Fresh Fruit 1% Milk</p>	<p>22</p> <p>Biscuits & Gravy</p> <p>Fresh Fruit 1% Milk</p>	<p>23</p> <p>Mini Pancakes</p> <p>Fresh Fruit 1% Milk</p>
<p>26</p> <p>Cheese Omelet</p> <p>Fresh Fruit 1% Milk</p>	<p>27</p> <p>Mini Donut</p> <p>Fresh Fruit 1% Milk</p>	<p>28</p> <p>Breakfast Pizza</p> <p>Fresh Fruit 1% Milk</p>	<p>29</p> <p>Blueberry Loaf Cheese Stick</p> <p>Fresh Fruit 1% Milk</p>	<p>30</p> <p>Hot Ham & Cheese Bagel</p> <p>Fresh Fruit 1% Milk</p>

PRICES

Regular PK-12	\$1.80
Reduced	\$0.30
Adult	\$2.10
Milk	\$0.50

EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entrée Salads are served with Dinner Roll
For questions or comments, contact Dana at 1-712-623-8351 or email lenschd@roschools.org

HARVEST OF



THE MONTH

Your MENUS plus more information on our app
TaHER Food4Life®



www.taHER.com